

## ***APOLI* Risk Variants and Cardiovascular Disease Results From the AASK (African American Study of Kidney Disease and Hypertension)**

Teresa K. Chen, Lawrence J. Appel, Morgan E. Grams, Adrienne Tin, Michael J. Choi,  
Michael S. Lipkowitz, Cheryl A. Winkler, Michelle M. Estrella

**Objective**—Among African Americans, the apolipoprotein L1 (*APOLI*) risk variants have been associated with various types of kidney disease and chronic kidney disease progression. We aimed to determine whether these same risk variants also confer an increased risk for cardiovascular disease.

**Approach and Results**—In a cohort of African Americans with hypertension-attributed chronic kidney disease followed for up to 12 years, we used Cox proportional hazards models to estimate the relative hazard of a composite cardiovascular disease outcome (cardiovascular death or hospitalization for myocardial infarction, cardiac revascularization procedure, heart failure, or stroke) for the *APOLI* high- (2 risk variants) versus low-risk (0–1 risk variant) genotypes. We adjusted for age, sex, ancestry, smoking, heart disease history, body mass index, cholesterol, randomized treatment groups, and baseline and longitudinal estimated glomerular filtration rate, systolic blood pressure, and proteinuria. Among 693 participants with *APOLI* genotyping available (23% high risk), the high-risk group had lower mean estimated glomerular filtration rate (44.7 versus 50.1 mL/min per 1.73 m<sup>2</sup>) and greater proteinuria (median 0.19 versus 0.06) compared with the low-risk group at baseline. There was no significant association between *APOLI* genotypes and the composite cardiovascular disease outcome in both unadjusted (hazard ratio=1.23; 95% confidence interval: 0.83–1.81) and fully adjusted (hazard ratio=1.16; 95% confidence interval: 0.77–1.76) models; however, in using an additive model, *APOLI* high-risk variants were associated with increased cardiovascular mortality.

**Conclusions**—Among African Americans with hypertension-attributed chronic kidney disease, *APOLI* risk variants were not associated with an overall risk for cardiovascular disease although some signals for cardiovascular mortality were noted.

**Visual Overview**—An online [visual overview](#) is available for this article. (*Arterioscler Thromb Vasc Biol.* 2017;37:1765-1769. DOI: 10.1161/ATVBAHA.117.309384.)

**Key Words:** cardiovascular disease ■ coronary artery disease ■ heart failure ■ hypertension ■ myocardial infarction

Cardiovascular disease (CVD) is the leading cause of death in patients with chronic kidney disease (CKD), with the risk for CVD mortality increasing incrementally as kidney function declines.<sup>1–3</sup> Compared with European Americans, African Americans are at heightened risk for all-cause mortality and CVD associated with CKD.<sup>4</sup> Although racial disparities in traditional risk factors and quality of care exist, genetic susceptibilities may also contribute.<sup>2,4,5</sup>

### See accompanying editorial on page 1587

Among African Americans, risk variants in the gene encoding apolipoprotein L1 (*APOLI*) have been associated with many types of kidney disease.<sup>6–10</sup> Parsa et al<sup>10</sup> reported

in the AASK (African American Study of Kidney Disease and Hypertension) that individuals with 2 copies of the *APOLI* high-risk variants had a ≈2-fold greater risk of CKD progression compared with individuals with 0 or 1 copy. Whether these risk variants also confer an increased risk for CVD is uncertain because results from the few available studies have been conflicting.<sup>11–15</sup> In the JHS (Jackson Heart Study), the WHI (Women's Health Initiative), and the CHS (Cardiovascular Heart Study), the *APOLI* high-risk variants have been associated with an increased risk of adverse cardiovascular events.<sup>11,16</sup> Other studies, however, have suggested no association between the risk variants and CVD.<sup>11,12,15</sup> Importantly, the majority of participants in these cohorts did

Received on: March 16, 2017; final version accepted on: May 22, 2017.

From the Divisions of Nephrology (T.K.C., M.E.G., M.J.C.) and General Internal Medicine (L.J.A.), Department of Medicine, Johns Hopkins University School of Medicine, Baltimore, MD; Welch Center for Prevention, Epidemiology, and Clinical Research, Johns Hopkins Medical Institutions, Baltimore, MD (L.J.A., M.E.G., A.T.); Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD (A.T.); Division of Nephrology and Hypertension, Department of Medicine, Georgetown University School of Medicine, Washington, DC (M.S.L.); Basic Research Laboratory, Center for Cancer Research, National Cancer Institute, National Institutes of Health and Leidos Biomedical, Frederick National Laboratory, MD (C.A.W.); and Kidney Health Research Collaborative, Department of Medicine, San Francisco VA Medical Center and University of California (M.M.E.).

Portions of this work have been presented at the 2016 American Society of Nephrology Kidney Week, Chicago, IL, on November 19, 2016. The content of this publication does not necessarily reflect the views or policies of the Department of Health and Human Services nor does mention of trade names, commercial products, or organizations imply endorsement by the US Government.

The online-only Data Supplement is available with this article at <http://atvb.ahajournals.org/lookup/suppl/doi:10.1161/ATVBAHA.117.309384/-/DC1>.

Correspondence to Teresa K. Chen, MD, MHS, Division of Nephrology, Department of Medicine, Johns Hopkins University School of Medicine, 301 Mason F. Lord Dr, Suite 2500, Baltimore, MD 21224-2780. E-mail [tchen39@jhmi.edu](mailto:tchen39@jhmi.edu)

© 2017 American Heart Association, Inc.

*Arterioscler Thromb Vasc Biol* is available at <http://atvb.ahajournals.org>

DOI: 10.1161/ATVBAHA.117.309384

Nonstandard Abbreviations and Acronyms	
<b>AA-DHS</b>	African American Diabetes Heart Study
<b>AASK</b>	African American Study of Kidney Disease and Hypertension
<b>APOL1</b>	apolipoprotein L1
<b>CHS</b>	Cardiovascular Heart Study
<b>CI</b>	confidence interval
<b>CKD</b>	chronic kidney disease
<b>CVD</b>	cardiovascular disease
<b>ESRD</b>	end-stage renal disease
<b>HR</b>	hazard ratio
<b>JHS</b>	Jackson Heart Study
<b>SPRINT</b>	Systolic Blood Pressure Intervention Trial
<b>WHI</b>	Women's Health Initiative

not have established CKD. Thus, how *APOL1* relates to CVD in the context of reduced kidney function remains unknown.

With up to 12 years of follow-up from the well-characterized population of AASK, we aimed to determine whether the *APOL1* high-risk variants were associated with an increased risk for CVD outcomes in African Americans with hypertension-attributed CKD.

## Materials and Methods

Materials and Methods are available in the [online-only Data Supplement](#).

## Results

### Baseline Characteristics

Among the 693 AASK participants with *APOL1* genotyping available, 33 (21%) individuals with the *APOL1* high-risk genotypes (2 risk variants) and 111 (21%) individuals with the low-risk genotypes (0–1 risk variant) experienced the composite CVD outcome, which consisted of cardiovascular death or hospitalization for nonfatal myocardial infarction, cardiac revascularization procedure, heart failure, or stroke before the onset of end-stage renal disease (ESRD). At baseline, individuals with the *APOL1* high-risk genotypes were younger (mean age: 51.7 versus 54.8 years) and had lower estimated glomerular filtration rates (mean: 44.7 versus 50.1 mL/min per 1.73 m<sup>2</sup>) and greater proteinuria (median urine protein-to-creatinine ratio: 0.19 versus 0.06 g/g Cr) compared with those with the low-risk genotypes. History of heart disease was less common in the *APOL1* high-risk group compared with the low-risk group (43% versus 53%, respectively; Table 1).

### Association Between *APOL1* Risk Variants and Incident CVD

During a mean follow-up of 7.7 years, the risk of a CVD event was not significantly different in the *APOL1* high-risk group compared with the low-risk group (unadjusted hazard ratio [HR]=1.23; 95% confidence interval [CI]: 0.83–1.81; *P*=0.31; Table 2; Figure). After adjusting for sociodemographic and clinical factors, the association between *APOL1* risk status and CVD event remained null (model 4 adjusted HR=1.16; 95% CI: 0.77–1.76; *P*=0.47; Table 2). Similar results were obtained when analyses were repeated using an additive or dominant genetic model (data not shown).

**Table 1. Baseline Characteristics of Study Population by *APOL1* Risk Allele Status**

Characteristic	<i>APOL1</i> Low Risk (n=533)	<i>APOL1</i> High Risk (n=160)	<i>P</i> Value
Age at randomization, y	54.8±10.1	51.7±11.8	<0.01
Female	210 (39%)	69 (43%)	0.40
European ancestry, %	17±14	16±12	0.19
Smoking			0.73
Never	224 (42%)	72 (45%)	
Current	150 (28%)	45 (28%)	
Past	159 (30%)	43 (27%)	
History of heart disease	281 (53%)	69 (43%)	0.03
Body mass index, kg/m <sup>2</sup>	30.9±6.5	31.7±7.2	0.23
Systolic blood pressure, mm Hg	144±23	141±23	0.24
Total cholesterol, mg/dL	211±44	213±44	0.70
eGFR, mL/min per 1.73 m <sup>2</sup>	50.1±14.7	44.7±13.5	<0.01
Urine protein-to-creatinine ratio, g/g Cr	0.06 (0.03–0.22)	0.19 (0.04–0.72)	<0.01
Randomized blood pressure goal			0.99
Low	270 (51%)	81 (51%)	
Usual	263 (49%)	79 (49%)	
Randomized blood pressure drug			0.77
Metoprolol	205 (38%)	66 (41%)	
Ramipril	224 (42%)	66 (41%)	
Amlodipine	104 (20%)	28 (18%)	

Values presented as mean±SD, median (interquartile range), or n (%).

*APOL1* high risk defined as having 2 risk variants and low risk defined as having 0 to 1 risk variant. *APOL1* indicates apolipoprotein L1; Cr, creatinine; and eGFR, estimated glomerular filtration rate.

In sensitivity analyses, we found no significant association between *APOL1* risk status and individual components of the composite CVD outcome in fully adjusted recessive genetic models (Table I in the [online-only Data Supplement](#)). We did, however, note that increasing numbers of *APOL1* risk variants were associated with increased risk of cardiovascular death when using the additive genetic model (model 4 adjusted HR=1.74; 95% CI: 1.03–2.96; *P*=0.04; Table 3). Other analyses using the additive and dominant genetic models revealed no significant association between *APOL1* risk status and secondary CVD outcomes (*P*>0.05 for each). When considering 2 versus 0 *APOL1* risk variants for the composite CVD outcome (model 4 adjusted HR=1.53; 95% CI: 0.92–2.54; *P*=0.10) or when using an alternative composite outcome of myocardial infarction, revascularization procedure, and stroke (model 4 adjusted HR=1.41; 95% CI: 0.85–2.36; *P*=0.19; recessive genetic model), the HRs were slightly higher but still not statistically significant. Finally, we performed analyses taking into account the competing risks of ESRD and death and found that the results for the composite CVD outcome were similar (adjusted sub-HR=1.16; 95% CI: 0.74–1.80; *P*=0.52).

**Table 2. *APOLI* Risk Status and the Relative Hazard of Composite Cardiovascular Outcomes**

Model	n	Events	HR <i>APOLI</i> High Risk vs Low Risk*	95% CI	P Value
Unadjusted	693	144	1.23	0.83–1.81	0.31
Model 1: adjusted for age, sex, % European ancestry, and randomized treatment groups	693	144	1.25	0.84–1.85	0.27
Model 2: additionally adjusted for baseline smoking, body mass index, total cholesterol, systolic blood pressure, and history of heart disease	684	140	1.33	0.89–1.99	0.16
Model 3: additionally adjusted for baseline eGFR and log-transformed proteinuria	682	139	1.23	0.81–1.86	0.34
Model 4: additionally adjusted for longitudinal systolic blood pressure, eGFR, and log-transformed proteinuria as time-varying covariates	682	139	1.16	0.77–1.76	0.47

*APOLI* indicates apolipoprotein L1; CI, confidence interval; eGFR, estimated glomerular filtration rate; and HR, hazard ratio.

\**APOLI* high risk defined as having 2 risk variants and low risk defined as having 0 to 1 risk variant.

## Discussion

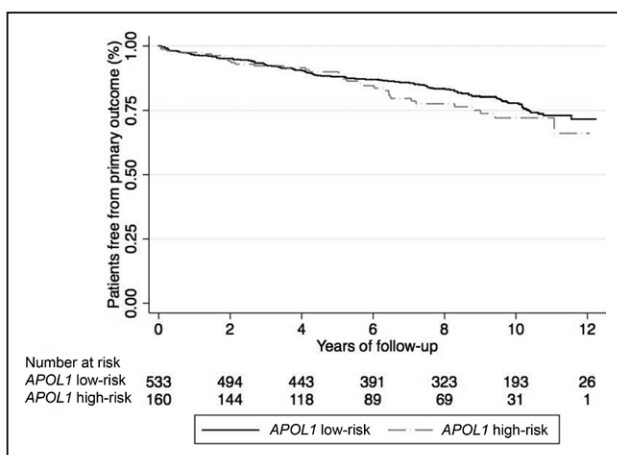
Among African Americans with CKD attributed to hypertension, the *APOLI* high-risk genotypes were not associated with an increased risk for CVD events. These results were consistent in crude analysis, analysis adjusted for demographics, traditional risk factors, and kidney function, further adjustment for longitudinal systolic blood pressure, estimated glomerular filtration rate, and log-transformed proteinuria, and when we accounted for the competing risks of ESRD and death. Furthermore, the *APOLI* high-risk genotypes were not associated with any single component of the CVD composite outcome with the exception of cardiovascular death (additive model only). These findings add to the growing body of literature on the *APOLI* risk variants and CVD in the general population.<sup>11,12,15,16</sup> Consistent with our study, the SPRINT (Systolic Blood Pressure Intervention Trial) and Atherosclerosis Risk in Communities study suggested no association between the *APOLI* high-risk variants and prevalent<sup>12</sup> or incident CVD,<sup>15</sup> respectively. However, in the JHS and the WHI, individuals with 2 *APOLI* risk variants compared with those with no risk variant had a 1.8- to 3.2-fold higher risk of experiencing a major adverse cardiovascular event.<sup>11</sup> In the CHS, a cohort of adults aged  $\geq 65$  years, the *APOLI* high-risk genotypes were

associated with an increased risk for incident myocardial infarction but not stroke or congestive heart failure.<sup>16</sup>

Our study population is unique in that it consisted of individuals with moderate CKD (mean estimated glomerular filtration rate, 45 mL/min per 1.73 m<sup>2</sup> for *APOLI* high-risk and 50 mL/min per 1.73 m<sup>2</sup> for low-risk groups), whereas the other studies included individuals with mild or no CKD (mean estimated glomerular filtration rates from 73 to 112 mL/min per 1.73 m<sup>2</sup>).<sup>11,12,15,16</sup> Like SPRINT,<sup>12</sup> another negative study on the association of *APOLI* with CVD, AASK excluded individuals with diabetes mellitus. Perhaps, the association between *APOLI* risk variants and CVD differs in the context of diabetes mellitus. In the 3 cohorts that reported a positive association between the *APOLI* high-risk variants and CVD, approximately one quarter of participants had a history of diabetes mellitus.<sup>11,16</sup> Our study has frequent assessments of kidney function, allowing for the investigation of mediation by change in kidney function; in contrast, the analyses in SPRINT were limited to prevalent, self-reported CVD.<sup>12</sup>

In support of our findings, associations between *APOLI* risk variants with subclinical CVD have been largely negative. Although apolipoprotein L1's role in trafficking of high-density lipoprotein<sup>17</sup> and expression within endothelial and smooth muscle cells could suggest a role in CVD,<sup>18,19</sup> Ito et al<sup>11</sup> reported an association between the *APOLI* risk variants and lower Agatston scores (as a measure of coronary artery calcium) in the JHS. Similarly, the *APOLI* risk variants were associated with less carotid and coronary artery calcified plaques in the AA-DHS (African American Diabetes Heart Study).<sup>13</sup> Freedman et al<sup>14</sup> reported that the *APOLI* risk variants were associated with less white matter lesion volume (a marker of severe cerebral small vessel disease) in the AA-DHS MIND (Memory IN Diabetes).

We did find an association between the number of *APOLI* risk variants and an increased risk for cardiovascular death; however, this was only when using the additive genetic model. These results should be interpreted with caution because they may be spurious in the context of multiple testing and few events (n=31) for this secondary outcome. To our knowledge, only one other study has examined the association between *APOLI* risk variants and cardiovascular mortality. In the CHS, risk for cardiovascular



**Figure.** Kaplan–Meier survival curves for composite cardiovascular events by apolipoprotein L1 (*APOLI*) risk status.

**Table 3. *APOL1* Risk Status and the Relative Hazard of Cardiovascular Death**

Model	HR per <i>APOL1</i> Risk Variant	95% CI	P Value
<b>Additive genetic model</b>			
Unadjusted	1.62	0.99–2.65	0.05
Model 1: adjusted for age, sex, % European ancestry, and randomized treatment groups	1.74	1.05–2.86	0.03
Model 2: additionally adjusted for baseline smoking, body mass index, total cholesterol, systolic blood pressure, and history of heart disease	1.87	1.11–3.14	0.02
Model 3: additionally adjusted for baseline eGFR and log-transformed proteinuria	1.91	1.12–3.25	0.02
Model 4: additionally adjusted for longitudinal systolic blood pressure, eGFR, and log-transformed proteinuria as time-varying covariates	1.74	1.03–2.96	0.04
	HR comparing <i>APOL1</i> 1 or 2 risk variants vs no risk variant		
<b>Dominant genetic model</b>			
Unadjusted	2.35	0.97–5.74	0.06
Model 1: adjusted for age, sex, % European ancestry, and randomized treatment groups	2.47	1.01–6.05	0.05
Model 2: additionally adjusted for baseline smoking, body mass index, total cholesterol, systolic blood pressure, and history of heart disease	2.44	0.99–6.01	0.05
Model 3: additionally adjusted for baseline eGFR and log-transformed proteinuria	2.45	0.99–6.03	0.05
Model 4: additionally adjusted for longitudinal systolic blood pressure, eGFR, and log-transformed proteinuria as time-varying covariates	2.35	0.94–5.84	0.07

*APOL1* indicates apolipoprotein L1; CI, confidence interval; eGFR, estimated glomerular filtration rate; and HR, hazard ratio.

mortality was not significantly greater among individuals with 2 *APOL1* risk variants compared with individuals with 1 or no variants although a modest increase for total and noncardiovascular mortality was noted.<sup>16</sup> Other studies have reported either improved survival<sup>13,20</sup> or no difference in risk for all-cause mortality<sup>15</sup> associated with the *APOL1* high-risk variants.

Our study has several strengths. First, we used a well-characterized cohort of African Americans in which data were collected prospectively with an active follow-up process. Second, all CVD events were centrally adjudicated by trained clinicians using a common protocol.<sup>21–23</sup> Third, given the known associations between the *APOL1* risk variants and kidney disease, the results of our study are applicable to a large proportion of patients seen in clinical practice who are already at increased risk for CVD because of their underlying CKD. Finally, our findings were robust, with similar conclusions obtained when using additive or dominant genetic models and after accounting for competing risks (ESRD and death).

Limitations include a relatively small number of outcome events, which may have limited our power to detect associations between the *APOL1* risk variants and CVD. With only 144 cases of the composite CVD outcome, we had 80% power to detect a minimum HR of 1.85 for the *APOL1* high-risk compared with the low-risk genotypes (recessive genetic model). Still, this HR is within the range of what was reported in the JHS and WHI.<sup>11</sup> Our sensitivity analyses examining secondary end points were likely underpowered, particularly for cardiovascular death, which had the fewest number of events (minimum detectable HR of 3.74 for 80% power). Furthermore, study participants were not followed for CVD events once they developed ESRD. There may have been additional cases of CVD that were not captured; however, the pathophysiology

of CVD events post-ESRD (ie, more sudden cardiac death) likely differs from that of pre-ESRD CVD events.<sup>24</sup>

In conclusion, we did not detect an association of *APOL1* high-risk variants with a composite CVD outcome in African Americans with CKD attributed to hypertension. Sensitivity analyses, however, suggested an increased risk of cardiovascular death associated with increasing number of *APOL1* risk variants. Our results are consistent with some, but not all, prior studies. In view of the common association of CVD with kidney disease, additional research is warranted to better understand whether the *APOL1* risk variants are associated with CVD outcomes, and if so, the pathophysiological basis for an association.

### Acknowledgments

We thank the participants of the AASK trial (African American Study of Kidney Disease and Hypertension).

### Sources of Funding

T.K. Chen is funded by the Extramural Grant Program by Satellite Healthcare, a not-for-profit renal care provider. L.J. Appel is supported by National Institutes of Health (NIH)/National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) grant 1R01DK108803. M.E. Grams is supported by NIH/NIDDK grant 1R01DK108803. A. Tin is supported by NIH/NIDDK grants 1R01DK108803 and 1R21DK112087. M.M. Estrella is supported by NIH/NIDDK grant 1R01DK103574. The AASK trial (African American Study of Kidney Disease and Hypertension) and cohort were supported by institutional grants from the NIH/NIDDK (M01 RR-00080, M01 RR-00071, M0100032, P20-RR11145, M01 RR00827, M01 RR00052, 2P20 RR11104, RR029887, DK 2818-02, DK057867, and DK048689) and the following pharmaceutical companies (King Pharmaceuticals, Pfizer, AstraZeneca, GlaxoSmithKline, Forest Laboratories, Pharmacia, and Upjohn). This project has been funded

in part with federal funds from the National Cancer Institute, National Institutes of Health, under contract HHSN26120080001E. This Research was supported, in part, by the Intramural Research Program of the NIH, National Cancer Institute, Center for Cancer Research.

## Disclosures

T.K. Chen previously owned stock in Pfizer Pharmaceuticals. The other authors report no conflicts.

## References

- van der Velde M, Matsushita K, Coresh J, et al; Chronic Kidney Disease Prognosis Consortium. Lower estimated glomerular filtration rate and higher albuminuria are associated with all-cause and cardiovascular mortality. A collaborative meta-analysis of high-risk population cohorts. *Kidney Int.* 2011;79:1341–1352. doi: 10.1038/ki.2010.536.
- Gansevoort RT, Correa-Rotter R, Hemmelgarn BR, Jafar TH, Heerspink HJ, Mann JF, Matsushita K, Wen CP. Chronic kidney disease and cardiovascular risk: epidemiology, mechanisms, and prevention. *Lancet.* 2013;382:339–352. doi: 10.1016/S0140-6736(13)60595-4.
- Matsushita K, van der Velde M, Astor BC, Woodward M, Levey AS, de Jong PE, Coresh J, Gansevoort RT; Chronic Kidney Disease Prognosis Consortium. Association of estimated glomerular filtration rate and albuminuria with all-cause and cardiovascular mortality in general population cohorts: a collaborative meta-analysis. *Lancet.* 2010;375:2073–2081. doi: 10.1016/S0140-6736(10)60674-5.
- Weiner DE, Tighiouart H, Amin MG, Stark PC, MacLeod B, Griffith JL, Salem DN, Levey AS, Sarnak MJ. Chronic kidney disease as a risk factor for cardiovascular disease and all-cause mortality: a pooled analysis of community-based studies. *J Am Soc Nephrol.* 2004;15:1307–1315.
- Elliott MK, McCaughan JA, Fogarty DG. Do patients with chronic kidney disease get optimal cardiovascular risk reduction? *Curr Opin Nephrol Hypertens.* 2014;23:267–274. doi: 10.1097/01.mnh.0000444913.78536.b1.
- Genovesi G, Friedman DJ, Ross MD, et al. Association of trypanolytic ApoL1 variants with kidney disease in African Americans. *Science.* 2010;329:841–845. doi: 10.1126/science.1193032.
- Tzur S, Rosset S, Shemer R, Yudkovsky G, Selig S, Tarekegn A, Bekele E, Bradman N, Wasser WG, Behar DM, Skorecki K. Missense mutations in the APOL1 gene are highly associated with end stage kidney disease risk previously attributed to the MYH9 gene. *Hum Genet.* 2010;128:345–350. doi: 10.1007/s00439-010-0861-0.
- Kopp JB, Nelson GW, Sampath K, et al. APOL1 genetic variants in focal segmental glomerulosclerosis and HIV-associated nephropathy. *J Am Soc Nephrol.* 2011;22:2129–2137. doi: 10.1681/ASN.2011040388.
- Lipkowitz MS, Freedman BI, Langefeld CD, et al; SK Investigators. Apolipoprotein L1 gene variants associate with hypertension-attributed nephropathy and the rate of kidney function decline in African Americans. *Kidney Int.* 2013;83:114–120. doi: 10.1038/ki.2012.263.
- Parsa A, Kao WH, Xie D, et al; AASK Study Investigators; CRIC Study Investigators. APOL1 risk variants, race, and progression of chronic kidney disease. *N Engl J Med.* 2013;369:2183–2196. doi: 10.1056/NEJMoa1310345.
- Ito K, Bick AG, Flannick J, et al. Increased burden of cardiovascular disease in carriers of APOL1 genetic variants. *Circ Res.* 2014;114:845–850. doi: 10.1161/CIRCRESAHA.114.302347.
- Langefeld CD, Divers J, Pajewski NM, Hawfield AT, Reboussin DM, Bild DE, Kaysen GA, Kimmel PL, Raj DS, Ricardo AC, Wright JT Jr, Sedor JR, Rocco MV, Freedman BI; Systolic Blood Pressure Intervention Trial (SPRINT). Apolipoprotein L1 gene variants associate with prevalent kidney but not prevalent cardiovascular disease in the Systolic Blood Pressure Intervention Trial. *Kidney Int.* 2015;87:169–175. doi: 10.1038/ki.2014.254.
- Freedman BI, Langefeld CD, Lu L, Palmer ND, Smith SC, Bagwell BM, Hicks PJ, Xu J, Wagenknecht LE, Raffield LM, Register TC, Carr JJ, Bowden DW, Divers J. APOL1 associations with nephropathy, atherosclerosis, and all-cause mortality in African Americans with type 2 diabetes. *Kidney Int.* 2015;87:176–181. doi: 10.1038/ki.2014.255.
- Freedman BI, Gadegebeku CA, Bryan RN, et al; African American–Diabetes Heart Study MIND (AA-DHS MIND) and Systolic Blood Pressure Intervention Trial (SPRINT) Research Groups. APOL1 renal-risk variants associate with reduced cerebral white matter lesion volume and increased gray matter volume. *Kidney Int.* 2016;90:440–449. doi: 10.1016/j.kint.2016.04.027.
- Grams ME, Rebholz CM, Chen Y, Rawlings AM, Estrella MM, Selvin E, Appel LJ, Tin A, Coresh J. Race, APOL1 risk, and eGFR decline in the general population. *J Am Soc Nephrol.* 2016;27:2842–2850. doi: 10.1681/ASN.2015070763.
- Mukamal KJ, Tremaglio J, Friedman DJ, Ix JH, Kuller LH, Tracy RP, Pollak MR. APOL1 genotype, kidney and cardiovascular disease, and death in older adults. *Arterioscler Thromb Vasc Biol.* 2016;36:398–403. doi: 10.1161/ATVBAHA.115.305970.
- Duchateau PN, Pullinger CR, Orellana RE, Kunitake ST, Naya-Vigne J, O'Connor PM, Malloy MJ, Kane JP. Apolipoprotein L, a new human high density lipoprotein apolipoprotein expressed by the pancreas. Identification, cloning, characterization, and plasma distribution of apolipoprotein L. *J Biol Chem.* 1997;272:25576–25582.
- Madhavan SM, O'Toole JF, Konieczkowski M, Ganesan S, Bruggeman LA, Sedor JR. APOL1 localization in normal kidney and nondiabetic kidney disease. *J Am Soc Nephrol.* 2011;22:2119–2128. doi: 10.1681/ASN.2011010069.
- Ma L, Shelness GS, Snipes JA, et al. Localization of APOL1 protein and mRNA in the human kidney: nondiseased tissue, primary cells, and immortalized cell lines. *J Am Soc Nephrol.* 2015;26:339–348. doi: 10.1681/ASN.2013091017.
- Ma L, Langefeld CD, Comeau ME, Bonomo JA, Rocco MV, Burkart JM, Divers J, Palmer ND, Hicks PJ, Bowden DW, Lea JP, Krisher JO, Clay MJ, Freedman BI. APOL1 renal-risk genotypes associate with longer hemodialysis survival in prevalent nondiabetic African American patients with end-stage renal disease. *Kidney Int.* 2016;90:389–395. doi: 10.1016/j.kint.2016.02.032.
- Appel LJ, Middleton J, Miller ER 3rd, et al. The rationale and design of the AASK cohort study. *J Am Soc Nephrol.* 2003;14(7 suppl 2):S166–S172.
- Norris K, Bourgoigne J, Gassman J, Hebert L, Middleton J, Phillips RA, Randall O, Rostand S, Sherer S, Toto RD, Wright JT Jr, Wang X, Greene T, Appel LJ, Lewis J; AASK Study Group. Cardiovascular outcomes in the African American Study of Kidney Disease and Hypertension (AASK) trial. *Am J Kidney Dis.* 2006;48:739–751. doi: 10.1053/j.ajkd.2006.08.004.
- Alves TP, Wang X, Wright JT Jr, Appel LJ, Greene T, Norris K, Lewis J; AASK Collaborative Research Group. Rate of ESRD exceeds mortality among African Americans with hypertensive nephrosclerosis. *J Am Soc Nephrol.* 2010;21:1361–1369. doi: 10.1681/ASN.2009060654.
- Whitman IR, Feldman HI, Deo R. CKD and sudden cardiac death: epidemiology, mechanisms, and therapeutic approaches. *J Am Soc Nephrol.* 2012;23:1929–1939. doi: 10.1681/ASN.2012010037.

## Highlights

- Prior studies have demonstrated that carrying 2 risk variants in the gene encoding apolipoprotein L1 (*APOL1*) is associated with an increased risk of kidney disease among African Americans. Whether these same risk variants are also associated with an increased risk of cardiovascular disease is less clear.
- In a cohort of African Americans with hypertension-attributed chronic kidney disease, we report that the risk of experiencing a composite cardiovascular outcome (cardiovascular death or hospitalization for myocardial infarction, cardiac revascularization procedure, heart failure, or stroke) did not differ significantly by *APOL1* risk status.
- In sensitivity analyses using an additive model, we found that with each additional number of *APOL1* risk variants, the risk of cardiovascular mortality incrementally increased.

# Arteriosclerosis, Thrombosis, and Vascular Biology



JOURNAL OF THE AMERICAN HEART ASSOCIATION

## ***APOLI* Risk Variants and Cardiovascular Disease: Results From the AASK (African American Study of Kidney Disease and Hypertension)**

Teresa K. Chen, Lawrence J. Appel, Morgan E. Grams, Adrienne Tin, Michael J. Choi, Michael S. Lipkowitz, Cheryl A. Winkler and Michelle M. Estrella

*Arterioscler Thromb Vasc Biol.* 2017;37:1765-1769; originally published online June 1, 2017;  
doi: 10.1161/ATVBAHA.117.309384

*Arteriosclerosis, Thrombosis, and Vascular Biology* is published by the American Heart Association, 7272  
Greenville Avenue, Dallas, TX 75231

Copyright © 2017 American Heart Association, Inc. All rights reserved.  
Print ISSN: 1079-5642. Online ISSN: 1524-4636

The online version of this article, along with updated information and services, is located on the  
World Wide Web at:

<http://atvb.ahajournals.org/content/37/9/1765>

Data Supplement (unedited) at:

<http://atvb.ahajournals.org/content/suppl/2017/06/12/ATVBAHA.117.309384.DC1>

**Permissions:** Requests for permissions to reproduce figures, tables, or portions of articles originally published in *Arteriosclerosis, Thrombosis, and Vascular Biology* can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the [Permissions and Rights Question and Answer](#) document.

**Reprints:** Information about reprints can be found online at:  
<http://www.lww.com/reprints>

**Subscriptions:** Information about subscribing to *Arteriosclerosis, Thrombosis, and Vascular Biology* is online at:  
<http://atvb.ahajournals.org/subscriptions/>

## MATERIALS AND METHODS

### *Study Population*

Details regarding the AASK trial and cohort have previously been published.<sup>1,2</sup> Briefly, AASK was a multi-center, 3-x-2 factorial trial designed to study the effects of three classes of blood pressure medications (metoprolol, ramipril, or amlodipine) and two levels of blood pressure control (mean arterial blood pressure  $\leq 92$  mmHg or 102-107 mmHg) on kidney function decline. During enrollment from 1995 to 1998, 1094 African Americans with hypertension-attributed CKD (baseline  $^{125}\text{I}$ -iothalamate GFR 20-65 ml/min/1.73 m<sup>2</sup>) were randomized to a blood pressure drug and goal.<sup>1</sup> After the trial phase, which ended in 2001, those who did not develop ESRD were recruited to enroll in the AASK cohort. During this phase of the study (2002-2007), all participants received ramipril and targeted a blood pressure goal of  $<140/90$  mmHg, followed by  $<130/80$  mmHg in 2004.<sup>2</sup> Study protocols for both phases of AASK were approved by institutional review boards of each participating center.<sup>1-3</sup> Exclusion criteria included history of diabetes (defined as a fasting glucose  $\geq 140$  mg/dL, random glucose  $>200$  mg/dL, or need for drug therapy), urine protein-to-creatinine ratio  $>2.5$  g/g Cr, malignant hypertension in the 6 months prior to enrollment, secondary hypertension, serious systemic disease, or a specific need for or contraindication to a study drug.<sup>1,2</sup> Eight-hundred and thirty-six of the 1094 AASK trial participants consented to genetic research, of whom 693 were genotyped for the *APOL1* G1 and G2 risk variants. These 693 individuals have previously been described in detail<sup>4,5</sup> and were included in our study.

### *Outcomes and Predictors*

Our primary outcome was time to first pre-ESRD CVD event, which was defined as cardiovascular death or hospitalization for nonfatal myocardial infarction, cardiac revascularization procedure, heart failure, or stroke. Secondary outcomes included individual components of the composite CVD outcome. All CVD events were adjudicated by the Cardiovascular Outcomes Committee. Details regarding the classification of CVD events in AASK have previously been published.<sup>3,6,7</sup> Briefly, nonfatal myocardial infarction was defined by a clinical report of myocardial infarction supported by changes in serum cardiac enzymes (creatinine kinase, MB fraction, or troponin I) or on electrocardiogram (new pathologic Q-waves, appearance of a R wave in lead V<sub>1</sub>, or loss of progression of R waves in leads V<sub>2</sub> to V<sub>5</sub>). Cardiac revascularization procedures included coronary artery bypass graft surgery, angioplasty, and percutaneous stent placement. Heart failure was defined as a hospitalization for congestive heart failure with need for inotropic, vasodilator, or angiotensin-receptor inhibitor therapy, escalation of diuretic therapy, ultrafiltration, or dialysis. Stroke was defined as a neurologic deficit persisting beyond 24 hours attributed to stroke and verified by imaging. Probable myocardial infarction and stroke were defined by clinical reports of each but without supporting documentation.<sup>6</sup>

The primary exposure was *APOL1* genotype. The *APOL1* risk variants (G1 [rs73885319 or rs60910145] and G2 [rs71785313]) were determined using ABI Taqman (Applied Biosystems, Foster City, CA).<sup>4</sup> In our main analyses, we used a recessive genetic model in which *APOL1* high-risk status was defined as having two risk variants, and low-risk status was defined as having one or no risk variant. European ancestry was determined using ANCESTRYMAP software and based on 140 ancestry informative markers.<sup>4,8</sup>

Estimated glomerular filtration rate was calculated using the AASK trial equation (eGFR =  $329 \times [\text{Scr}]^{-1.096} \times [\text{age}]^{-0.294} \times [0.736 \text{ if female}]$ ), which has previously been validated, and was measured at baseline and every 6 months thereafter.<sup>9,10</sup> Proteinuria, as estimated by urine protein-to-creatinine ratio, was based on 24-hour urine collections obtained at baseline, every 6 months during the trial phase, and annually during the cohort phase.<sup>1,2</sup> Systolic blood pressure was determined by averaging the latter 2 of 3 consecutive blood pressure readings measured at

rest using a Hawksley random zero sphygmomanometer. <sup>1</sup> For clusters of blood pressure measurements due to the titration of blood pressure regimens (in order to achieve randomized blood pressure goals), we used the first averaged measurement of each visit.

### *Statistical Analyses*

Baseline characteristics were compared by *APOL1* risk status using Student's t-test or Wilcoxon rank-sum test for continuous variables and Chi-squared tests for categorical variables. We then constructed a series of Cox proportional hazards models to assess the association between *APOL1* risk status and time to first cardiovascular event: a) unadjusted model; b) Model 1, which adjusted for age at randomization, gender, percentage of European ancestry, and randomized treatment groups; c) Model 2, which additionally adjusted for traditional CVD risk factors including baseline smoking, body mass index, total cholesterol, systolic blood pressure, and history of heart disease; d) Model 3, which additionally adjusted for markers of kidney function including baseline eGFR and log-transformed proteinuria; and e) Model 4, which adjusted for longitudinal systolic blood pressure, eGFR, and log-transformed proteinuria. Participants were censored at ESRD, death, lost to follow-up, or end of follow-up. Nine individuals had missing data on total cholesterol and two individuals had missing data on baseline proteinuria. Therefore, Model 2 included 684 individuals and Models 3 and 4 included 682 individuals. In additional analyses, we used additive (2 vs. 1 vs. 0 risk variants) and dominant (1-2 vs. 0 risk variants) genetic models. The proportional hazards assumption was checked using Schoenfeld residuals and log-log plots. We then examined each component of the composite CVD outcome individually as secondary outcomes. In additional analyses, we considered 2 vs. 0 *APOL1* risk variants for our composite CVD outcome. Using a recessive genetic model, we also considered an alternative composite outcome, which included myocardial infarction, cardiac revascularization procedure, and stroke. Finally, we performed competing risks analyses, with the outcome of interest being first cardiovascular event and competing risks being ESRD and death. We adjusted for the same covariates as in our primary analyses with the exception of using only baseline values. Data were analyzed using Stata (Version 12, 2011; College Station, TX) statistical software. P-values less than 0.05 were considered to be statistically significant.

### **REFERENCES**

1. Wright JT, Jr., Bakris G, Greene T, et al. Effect of blood pressure lowering and antihypertensive drug class on progression of hypertensive kidney disease: results from the AASK trial. *JAMA* 2002;288: 2421-2431.
2. Appel LJ, Wright JT, Jr., Greene T, et al. Intensive blood-pressure control in hypertensive chronic kidney disease. *N Engl J Med* 2010;363: 918-929.
3. Appel LJ, Middleton J, Miller ER, 3rd, et al. The rationale and design of the AASK cohort study. *J Am Soc Nephrol* 2003;14: S166-172.
4. Parsa A, Kao WH, Xie D, et al. *APOL1* risk variants, race, and progression of chronic kidney disease. *N Engl J Med* 2013;369: 2183-2196.
5. Chen TK, Choi MJ, Kao WH, Astor BC, Scialla JJ, Appel LJ, Li L, Lipkowitz MS, Wolf M, Parekh RS, Winkler CA, Estrella MM, Crews DC. Examination of Potential Modifiers of the Association of *APOL1* Alleles with CKD Progression. *Clin J Am Soc Nephrol* 2015;10: 2128-2135.
6. Norris K, Bourgoigne J, Gassman J, et al. Cardiovascular outcomes in the African American Study of Kidney Disease and Hypertension (AASK) Trial. *Am J Kidney Dis* 2006;48: 739-751.



7. Alves TP, Wang X, Wright JT, Jr., Appel LJ, Greene T, Norris K, Lewis J, Group ACR. Rate of ESRD exceeds mortality among African Americans with hypertensive nephrosclerosis. *J Am Soc Nephrol* 2010;21: 1361-1369.
8. Patterson N, Hattangadi N, Lane B, Lohmueller KE, Hafler DA, Oksenberg JR, Hauser SL, Smith MW, O'Brien SJ, Altshuler D, Daly MJ, Reich D. Methods for high-density admixture mapping of disease genes. *Am J Hum Genet* 2004;74: 979-1000.
9. Lewis J, Agodoa L, Cheek D, Greene T, Middleton J, O'Connor D, Ojo A, Phillips R, Sika M, Wright J, Jr. Comparison of cross-sectional renal function measurements in African Americans with hypertensive nephrosclerosis and of primary formulas to estimate glomerular filtration rate. *Am J Kidney Dis* 2001;38: 744-753.
10. Lewis J, Greene T, Appel L, Contreras G, Douglas J, Lash J, Toto R, Van Lente F, Wang X, Wright JT, Jr. A comparison of iothalamate-GFR and serum creatinine-based outcomes: acceleration in the rate of GFR decline in the African American Study of Kidney Disease and Hypertension. *J Am Soc Nephrol* 2004;15: 3175-3183.

Supplemental Table I: *APOL1* risk status and the relative hazard of individual components of composite cardiovascular outcome.

	Hazard ratio comparing <i>APOL1</i> high- vs. low-risk* (95% Confidence Interval)			
	Cardiovascular Death	Coronary Artery Disease	Stroke†	Heart Failure
Number of events	31	48	50	67
<b>Models</b>				
Unadjusted	1.63 (0.73, 3.65)	1.76 (0.94, 3.29)	1.08 (0.55, 2.12)	1.12 (0.62, 2.03)
Model 1: Adjusted for age, gender, % European ancestry, and randomized treatment groups	1.83 (0.81, 4.13)	1.83 (0.97, 3.44)	1.07 (0.54, 2.09)	1.11 (0.61, 2.01)
Model 2: Additionally adjusted for baseline smoking, body mass index, total cholesterol, systolic blood pressure, and history of heart disease	2.20 (0.96, 5.05)	1.94** (1.02, 3.67)	1.15 (0.58, 2.27)	1.36 (0.74, 2.50)
Model 3: Additionally adjusted for baseline eGFR and log-transformed proteinuria.	2.29 (0.98, 5.33)	1.71 (0.86, 3.40)	1.27 (0.63, 2.57)	1.05 (0.55, 2.01)
Model 4: Additionally adjusted for longitudinal systolic blood pressure, eGFR, and log-transformed proteinuria as time-varying covariates	1.88 (0.80, 4.46)	1.72 (0.87, 3.43)	1.25 (0.62, 2.53)	1.03 (0.54, 1.96)

\**APOL1* high-risk defined as having 2 risk variants and low-risk defined as having 0-1 risk variants.

\*\*denotes  $p < 0.05$

†Proportional hazards assumption was violated for *APOL1* risk status variable. Additional analyses were performed using piecewise specifications. Before 7 years of follow-up, *APOL1* high-risk status was associated with a lower relative hazard for stroke compared to low-risk status (Model 4 adjusted HR: 0.85; 95% CI: 0.34 to 2.12). After 7 years of follow-up, *APOL1* high-risk status was associated with a higher relative hazard for stroke compared to low-risk status (Model 4 adjusted HR: 2.58; 95% CI: 0.87 to 7.66). These associations were not statistically significant.

Abbreviations: eGFR=estimated glomerular filtration rate.

Coronary artery disease includes myocardial infarction and cardiac revascularization procedure.