Platelets
Context-Dependent Vascular Protectors or Mediators of Disease

Randal Westrick, Gabrielle Fredman, on behalf of the Early Career Committee

Significance
Platelets are unique anucleate blood cells produced by megakaryocytes that, in addition to being the primary effectors of hemostasis, are rapid responders to injury and infection. Therefore, platelets have a diverse functional repertoire in their ability to regulate inflammation, host defense, and tissue repair. This review highlights some of the recent ATVB publications regarding the role of platelets in inflammatory vascular disease, the mechanisms of platelet thrombotic action, and insights into new antiplatelet therapies.

Platelets in Atherogenesis and Atherothrombosis
Atherosclerotic plaque rupture and subsequent arterial plaque-associated thrombus formation (atherothrombosis) leads to myocardial infarctions and ischemic strokes. Although hyperlipidemia and abnormalities in hemostatic balance contribute to atherothrombosis, the sequence of events and mechanisms are largely unclear and remain of interest. Platelets are thought to play a major role in driving atherothrombosis by localizing to lesions, facilitating inflammatory cell infiltration into lesions, and locally delivering prothrombotic and proinflammatory molecules.

Mechanisms underlying platelet dysregulation in atherosclerosis may be caused by exogenous factors, like diet. In fact, Fuller et al investigated the genetic effects of combined scavenger receptor class B, type 1, and Ldlr (double knockout) deficiency on atherogenesis and the development of occlusive coronary artery atherothrombosis in response to 4 different dietary challenges. They observed that double knockout mice had increased spontaneous coronary artery disease and decreased survival in response to diets containing high fat and high cholesterol (22% fat, 0.15% cholesterol), high cholesterol (2% cholesterol), and diets high in fat, cholesterol, and choline (i.e., the Paigen diet). Diet-induced mortality in the double knockout mice was likely attributed to abundant platelet accumulation surrounding atherosclerotic plaques as assessed by CD41 staining. Inflammatory markers and plaque-associated monocytes also correlated with increased plaque-associated platelets. These studies suggest that diet not only contributes to the development of atherosclerosis, but also the degree of platelet accumulation within plaques.

Overproduction of platelets is a major risk factor for cardiovascular disease, yet the mechanisms that govern excessive platelet production in hyperlipidemic conditions are widely uncharted. Recent findings indicated the lack of ATP-binding cassette transporters (eg, ABCG4 and ABCB6) leads to increased platelet production and atherosclerosis in hypercholesterolemic mice. Specifically, the lack of ABCB6 in the bone marrow leads to unrestrained platelet production, enhanced proinflammatory platelet activity, and accelerated atherosclerosis in Ldlr−/− mice. The significance of this work lies in the possibility for a novel thrombolytic approach in part by tempering the production of reactive platelets. Because thrombocytosis is a major risk factor for cardiovascular disease, further studies dissecting mechanisms underlying maladaptive platelet production and hyperactivity are of immense interest.

Circulating activated platelets adhere to the endothelium and facilitate leukocyte recruitment and extravasation, promoting the development of atherosclerotic lesions. Activated platelets also form complexes with circulating leukocytes, and these platelet–leukocyte aggregates (PLAs) are a central feature of inflammatory diseases. Platelet–monocyte aggregates (PMAs), in particular, have been shown to be an early predictor for cardiovascular events. Indeed, recent studies have indicated a fundamental role for platelets and their interaction with leukocytes in the development and progression of atherosclerosis. In hypercholesterolemic apolipoprotein E–null (ApoE−/−) mice, activated platelets and PLAs accumulate in athero-prone regions of the murine carotid artery. This accumulation of activated platelets and PLAs is thought to deliver proinflammatory factors that in turn amplify the recruitment of monocytes and accelerate atherosclerosis. Another study by Badryna et al indicated that oxidized low-density lipoprotein (oxLDL) stimulated PMA formation, which promoted phenotypic changes in monocytes, increased monocyte extravasation and enhanced foam cell formation in vitro and in vivo. To further probe the mechanism, these investigators explored whether blocking cyclooxygenase by aspirin (ASA) would have an effect on oxLDL-stimulated PMAs. Indeed ASA suppressed PMA formation in response to oxLDL through an undefined mechanism. ASA has anti-inflammatory actions that cannot be solely attributed to its ability to inhibit prostanooid biosynthesis. In this regard, ASA can jumpstart the production of specialized proresolving mediators that are known to temper inflammation, enhance tissue resolution/repair, and in some cases even possess antiplatelet actions. Importantly, specialized
proresolving mediators have been shown to decrease PLA formation\textsuperscript{15,16} and may be a mechanism underlying ASA’s ability to block oxLDL-stimulated PMA formation. Further mechanistic studies addressing how ASA or specialized proresolving mediators block PLAs are of interest.

Platelets are activated by thrombin via the protease-activated receptors and are major players in the terminal occlusive arterial atherothrombotic event. Research by Kuipers et al and van Montfoort et al focused on the distal events of plaque rupture and thrombus development using an ultrasound atherosclerotic plaque rupture model.\textsuperscript{17} These investigations centered on the contribution of the contact activation pathway proteases Factors XI and XII on occlusive thrombus formation. Using the ApoE\textsuperscript{−−} mouse model, FXI and FXII deficiency were investigated in the context of atherosclerotic plaque rupture. Van Montfoort et al demonstrated the importance of FXI in atherothrombotic disease by showing that the thrombus formation on an acutely ruptured atherosclerotic plaque is dependent on FXI and that thrombus development and platelet accumulation can be decreased by reducing FXI levels by antisense oligonucleotides.\textsuperscript{18} Similarily, using the same plaque rupture model, Kuipers et al demonstrated that another contact activation protease, FXII, regulates the process of thrombus formation on ruptured plaques through the use of 2 FXII pharmacological inhibitors.\textsuperscript{19} This group also demonstrated that FXII binds to immobilized plaque homogenates. Taken together, these studies suggest that the contact activation pathway plays an important role in the late events of atherothrombosis and thus may be a viable therapeutic target for preventing occlusive thrombus formation in the context of plaque rupture.\textsuperscript{20} Targeting these molecules may be especially attractive because FXI and FXII deficiencies are not associated with increased bleeding tendency.

**Platelet Granules and Granule Exocytosis**

Platelets are known to contain at least 4 different types of granules: dense, alpha, lysosomal, and the recently described T granules. However, additional subtypes may be identified and the heterogeneity within each platelet granule type is also not clearly defined. Dense granules contain nonprotein prothrombotic, proinflammatory, and vasoconstrictive molecules, whereas the alpha granular cargo consists of hundreds of proteins both synthesized and taken up from the plasma.\textsuperscript{21} Thus, the upkeep of platelet alpha granules is likely a dynamic process. Alpha granules function to deliver necessary “just in time” coagulation factors to sites of bleeding or tissue injury. As a measure of control against inadvertent or accidental activation, platelets also carry antithrombotic molecules.

In an attempt to decipher which granular proteins are jettisoned by the platelets and which remain associated, Wijten et al used a sophisticated reversed releasate proteomics approach involving tandem mass spectrometry to quantify the proteins released from the platelet granular contents.\textsuperscript{22} These investigators stimulated washed platelets from 3 human subjects with thrombin and collagen to release their granular contents and performed proteomic analysis of the releasate compared with nonstimulated platelets. They observed that 124 proteins were significantly released, which represented <3% of the 4500 platelet proteins they were monitoring. The released proteins were highly enriched in secretion tags and contained all known releasate factors, such as von Willebrand factor, factor V, platelet factor 4, and plasminogen activator inhibitor-1, at high concentrations. Interestingly, in the lower concentration range of the releasate, many novel factors were identified. Thus, Wijten et al devised a new method for measuring platelet releasates that may be beneficial for future diagnostic approaches. As examples, this new method may be useful for identifying and assessing patients with platelet abnormalities and also as a research tool for analyzing platelets from patients with known genetic abnormalities in platelet-specific genes.

The mechanisms underlying the platelet granule release measured in the Wijten study remain of interest. The granules must fuse with the platelet plasma membrane and are thought to release their contents through a dynamic fusion pore.\textsuperscript{23} Koseoglu et al investigated this mechanism by using a variety of in vitro and in vivo methods, including the use of single cell amperometry to measure dense granular serotonin release. These investigators previously discovered the existence of dynamin-related protein-1 (Drp1) in platelets through a compound screen of the National Institute of Health molecular libraries (http://mli.nih.gov/mli/) using chemical genetic analysis of a platelet granule secretion probe.\textsuperscript{24} Drp1, a GTPase most commonly known for its role in mediating mitochondrial fission and fusion, has also been reported to play a role in degradation of Mast cells.

Koseoglu et al observed that Drp1 is not only found in platelets, but is also phosphorylated in an activation-dependent manner and localizes to both membranes and cytosol. Further experiments showed that blocking Drp1 via specific small molecule inhibitors impairs the stability of the fusion pore and leads to inhibition of platelet granule exocytosis. Importantly, inhibition of Drp1 also disrupted platelet accumulation during thrombus formation in vivo. These studies demonstrate a new role for platelet Drp1 and shed light on a potential new therapeutic strategy.

**Alternative Splicing Regulates Platelet-Specific Expression of Tissue Factor Pathway Inhibitor Isoforms**

Based on the data of the Wijten paper, tissue factor pathway inhibitor (TFPI) is present in platelets, but is not currently known to reside in any of the described granules. Despite its uncertain cellular location, platelet TFPI still plays an extremely important role in hemostasis.\textsuperscript{24} TFPI is a Kunitz-type protease inhibitor, which is the sole inhibitor of the initial events of blood coagulation. The TFPI gene undergoes alternative splicing to produce several isoforms, including TFPI-α and TFPI-β. TFPI-α, or full length TFPI, contains an acidic N-terminal region followed by 3 Kunitz domains and a C-terminal region. Kunitz 1 and 2 reversibly bind and inhibit the TF/FVIIa/FXa complex. The Kunitz 3 domain binds to protein S.\textsuperscript{25,26} Rounding out the functional domains is a C-terminal region that has been shown to bind to FVa/prothrombinase. The binding of TFPI to FVa is highlighted by the FV-short isoform of FV predominant in the East Texas bleeding disorder.\textsuperscript{27,28} FV-short lacks a basic region in its B
domain that normally competes with the homologous TFPI-α C-terminal region for binding to an acidic region also in the FV B domain. THFPI-β lacks the third Kunitz and C-terminal domain and is attached to the cell surface via a GPI anchor. In humans and mice, the primary platelet isoform is TFPI-α, whereas TFPI-β is the predominant endothelial isoform. Total absence of TFPI activity leads to thrombosis and early death in mice.

Two papers in the *ATVB* by the Mast group have investigated the splicing regulation and function of platelet TFPI. Ellery et al characterized the long known but unstudied alternative splicing of human TFPI exon 2. THFPI-β expression, with no effect on TFPI-α. Variability in TFPI-β expression in human endothelial cells suggests that exon 2 splicing may play a role in tissue-specific control of TFPI-β expression. This novel mechanism of 5′ untranslated region splicing regulation of a specific protein isoform produced via a second independent splicing event sheds light on the regulatory potential of alternative splicing likely to be found in the second independent splicing event. 32,33 This novel mechanism of 5′ untranslated region splicing regulation of a specific protein isoform produced via a second independent splicing event sheds light on the regulatory potential of alternative splicing likely to be found in the control of gene expression of other genes as well.

Wood et al probed the role of the protein S cofactor function for TFPI-α-mediated inhibition of Factor Xa. THFPI-β, with no effect on TFPI-α. Variability in TFPI-β expression in human endothelial cells suggests that exon 2 splicing may play a role in tissue-specific control of TFPI-β expression. This novel mechanism of 5′ untranslated region splicing regulating translation of a specific protein isoform produced via a second independent splicing event sheds light on the regulatory potential of alternative splicing likely to be found in the control of gene expression of other genes as well.

**Actin Cytoskeletal Defects Influence the Platelet Reactivity**

Actin is the most abundant protein present in platelets, and reorganization of the actin cytoskeleton is essential for platelet activation. There are several proteases, such as gelsolin, actin-related proteins, such as the ARP2/3 complex, as well as adapter molecules, which serve to translate platelet cell signals into cytoskeletal changes. THFPI-β, with no effect on TFPI-α. Variability in TFPI-β expression in human endothelial cells suggests that exon 2 splicing may play a role in tissue-specific control of TFPI-β expression. This novel mechanism of 5′ untranslated region splicing regulating translation of a specific protein isoform produced via a second independent splicing event sheds light on the regulatory potential of alternative splicing likely to be found in the control of gene expression of other genes as well.

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**Therapeutic Strategies: Challenges, Promises, and the Way Forward**

Since the discovery of platelets over 130 years ago, great advances have been made in the understanding that these cells are integral to a variety of physiological and pathological processes. These insights led to the development of several early antiplatelet therapies, including the P2Y12 and αIIbβ3 antagonist class of drugs that potently block platelet activation. Although αIIbβ3 antagonists have not been widely administered as prophylactic agents for cardiovascular disease because of safety issues, they have been important in procedures, such as percutaneous coronary interventions, and have represented a first line in the attempt to control platelet-mediated disease processes.

New strategies are emerging as we learn more about platelet signaling and biology that could
lead to improved safety, efficacy, and specificity for diseases involving platelets. For example, the glycoprotein receptor glycoprotein VI is only expressed in platelets and megakaryocytes, and loss of glycoprotein VI function is not associated with severe bleeding complications in vivo and thus represents an attractive therapeutic target.44 Insights from elegant studies delineating the complex interactions between glycoprotein VI and the protease-activated receptors on platelet activation and thrombosis are refining the basis of this approach.45 Recent papers also suggest that blocking P2Y1 may prove amenable as an alternative antiplatelet strategy46 and that inhibition of phosphodiesterase type 4 (PDE4) can block platelet–neutrophil interactions at sites of vascular injury.47 Another possible antiplatelet therapeutic is the specialized proresolving mediator resolvin E1 (RvE1) because of its ability to temper adenosine diphosphate and thromboxane-stimulated platelet aggregation.48 Interestingly, RvE1 was recently shown to block atherogenesis in rabbits49 and, because of its ability to reduce platelet activation, may be useful in curtailing atherothrombotic events. The mechanisms and cellular targets underlying RvE1’s protective actions in this model are unknown and are of interest. Further, proresolving mediators are not immunosuppressive and may be a particularly attractive therapeutic strategy for a disease like atherosclerosis where long-term treatment is needed.

In addition, several platelet-derived molecules could eventually result in targeted therapies for cardiovascular conditions, such as intimal hyperplasia,50 atherothrombosis,20 and calcific aortic valve sclerosis.51 Therefore, continuing to understand platelet signaling and biology will shed light on new mechanisms that may lead to platelet-specific therapeutic strategies for diseases in which platelets participate.

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Disclosures

None.

References


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