Monocytes in Myocardial Infarction
Partha Dutta, Matthias Nahrendorf

Abstract—Myocardial infarction (MI) is the leading cause of death in developed countries. Though timely revascularization of the ischemic myocardium and current standard therapy reduce acute mortality after MI, long-term morbidity and mortality remain high. During the first 1 to 2 weeks after MI, tissues in the infarcted myocardium undergo rapid turnover, including digestion of extracellular matrix and fibrosis. Post-MI repair is crucial to survival. Monocytes recruited to the infarcted myocardium remove debris and facilitate the repair process. However, exaggerated inflammation may also impede healing, as demonstrated by the association between elevated white blood cell count and in-hospital mortality after MI. Monocytes produced in the bone marrow and spleen enter the blood after MI and are recruited to the injured myocardium in 2 phases. The first phase is dominated by Ly-6chigh monocytes and the second phase by Ly-6clow monocytes. Yet the number of Ly6C<sup>low</sup> monocytes recruited to the infarct is much lower, and Ly6C<sup>high</sup> monocytes can differentiate to Ly6C<sup>low</sup> macrophages in later healing stages. Understanding the signals regulating monocytosis after MI will help design new therapies to facilitate cardiac healing and limit heart failure. (Arterioscler Thromb Vasc Biol. 2015;35:1066-1070. DOI: 10.1161/ATVBAHA.114.304652.)

Key Words: hematopoiesis ■ macrophages ■ monocytes ■ myocardial infarction

Monocytes
The innate immune system initiates defense against microorganisms quickly and efficiently, and monocytes are innate immunity’s major players. Monocytes comprise 10% and 4% of human and mouse blood leukocytes, respectively. The main subset of CD115<sup>+</sup> monocytes in mice express high levels of Ly-6c, CCR2, and CD62L and low level of CXCR<sub>1</sub>. Ly-6chigh monocytes are recruited to inflamed sites and produce high levels of proinflammatory cytokines, such as tumor necrosis factor-α and interleukin-1β. Hence, Ly-6chigh monocytes are named inflammatory monocytes. The second subset of mouse monocytes expresses a high level of CXCR<sub>1</sub> and a low level of Ly-6c. They reside in blood vessels in steady state and may play important roles in scavenging oxidized lipids, dead cells, and pathogens. Both monocyte subsets circulate in the blood and survey-steady-state tissue by transporting self-antigens to lymph nodes with minimal differentiation to macrophages, but they can differentiate into macrophages and dendritic cells at sites of inflammation. At least 3 subsets of monocytes exist in humans. CD14<sup>+</sup> CD16<sup>−</sup> monocytes resemble mouse Ly-6c<sup>high</sup> monocytes, CD14<sup>+</sup> CD16<sup>+</sup> monocytes have proinflammatory roles, and CD14<sup>+</sup> CD16<sup>+</sup> monocytes exhibit patrolling behavior similar to mouse Ly-6c<sup>low</sup> monocytes.

Macrophage Origins
During embryonic development, various organs are seeded by macrophages derived from yolk sac or liver progenitors. Most of these macrophages can self-maintain by homeostatic proliferation. Such self-maintenance was first investigated in microglia, which respond to various injuries, including CNS damage, and can self-renew without blood monocyte contribution. Yona et al used constitutive and conditional CX<sub>3</sub>CR<sub>1</sub> reporter mice to demonstrate that tissue-resident macrophages, including Kupffer cells and lung, splenic, and peritoneal macrophages, are established before birth and can replenish themselves in adulthood by local proliferation. These data were consistent with the findings by Schulz et al, who described that the origin of yolk sac–derived tissue resident macrophages is independent of Myb, a transcription factor required for hematopoietic stem cells (HSC) and monocyte development. Taken together, these studies, in addition to others, indicate that many tissue-resident macrophages are not derived from monocytes in steady state, at least in young mice. Two notable exceptions are dermal and intestinal macrophages. The dermis is populated by various myeloid cells, including macrophages and dendritic cells. Dermal macrophages are highly phagocytic but do not efficiently activate T cells, whereas dermal dendritic cells have strong T-cell stimulatory capacity. In a recent study, Tamoutounour et al found that, after 8 weeks of parabiosis, ≈20% of dermal macrophages were parabiont-derived, indicating their monocytic origin. Intestinal macrophage maintenance also depends on blood monocytes. A recent study showed...
that although yolk sac and fetal macrophages seed the lamina propria, they begin to wane right after birth and are replaced by blood monocytes. This process depends on CCR2 and commensal gut microbiota; mice maintained in germ-free conditions have fewer colon macrophages than those in regular housing.

Like other organs, the heart contains macrophages in steady state. A recently published study characterized cardiac macrophage subsets and investigated their origins. The authors reported 4 cardiac macrophage subsets expressing varying levels of Ly-6c and major histocompatibility complex class II. Cardiac macrophages are derived from yolk sac and fetal monocyte progenitors and are replenished by local proliferation in steady state. Yet in injury, such as myocardial infarction (MI), cardiac macrophages are replaced by blood monocytes. Contrary to the notion that cardiac macrophages self-maintain by proliferation, a recent study demonstrated that embryonic-derived cardiac macrophages are continuously replenished by blood monocytes in adulthood. Almost all cardiac macrophages are CX3CR1+ and major histocompatibility complex class II+ at birth; however, with age they diversify into 4 subpopulations with progressive increases in major histocompatibility complex class II+ and decreases in CX3 CR1+ subpopulations.

Monocyte Production in Steady State

Monocytes develop from bone marrow HSC after going through several progenitor stages, including common myeloid progenitor, granulocyte/macrophage progenitor, and macrophage/dendritic cells progenitor. Blood monocyte development depends on macrophage colony-stimulating factor (M-CSF). M-CSF-deficient op/op mice have drastic reductions in blood monocyte numbers and atherosclerotic plaque burden if crossbred with LDLR−/− mice. M-CSF is also involved in tissue-resident macrophage proliferation. Tagliani et al. found that macrophage proliferation in the uterus during pregnancy was driven by M-CSF. Moreover, the proliferating macrophages produced higher levels of Mcp-1, a CCR2 ligand derived cardiac macrophages are continuously replenished by blood monocytes in adulthood. Almost all cardiac macrophages are CX3CR1+ and major histocompatibility complex class II+ at birth; however, with age they diversify into 4 subpopulations with progressive increases in major histocompatibility complex class II+ and decreases in CX3 CR1+ subpopulations.

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We recently found that macrophages are important players in splenic HSC retention, as depleting splenic macrophages with M-CSF receptor knockdown or diphtheria toxin in CD169-DTR mice mobilized splenic HSC and reduced monocyte production. Interestingly, splenic macrophages retain HSC via vascular cell adhesion protein 1.

**Monocyte Release From Hematopoietic Organs in Steady State and After MI**

Monocyte release from the bone marrow follows the circadian rhythm, peaking at ZT4 and reaching nadir at ZT 16. Blood monocytes’ diurnal rhythm is linked to fluctuation of several clock genes, such as Bmal1, Nrl1, and Dbp. Diurnal variation of monocyte egress from the bone marrow and increased release during inflammation is driven by changing Mcp-1 levels in the blood. Listeria monocytogenes infection triggers higher blood monocyte levels and results in higher mortality because of massive cytokine storm. Consistent with this, toll-like receptor 9 expression on peritoneal macrophages followed a similar circadian rhythm, and vaccination using a toll-like receptor 9 ligand when toll-like receptor 9 expression is low allowed a similar circadian rhythm, and vaccination using a toll-like receptor 9 ligand when toll-like receptor 9 expression is low is highly improved the adaptive immune response.

Like monocyte fluctuation, mortality and morbidity after MI also follow circadian rhythms. Disrupted diurnal levels aggravated myocardial remodeling and function after MI. During the first 5 days after MI, a critical time for scar formation, there are high macrophage levels in the infarct. Homozygous clock mutant mice exhibited similarly aggravated ventricular remodeling after MI, which accords with the idea that blood monocyte levels, regulated by circadian rhythm, may determine myocardial repair post-MI. This theory was also supported by a clinical study reporting that infarct size peaked at 1:00 AM in patients with ST-segment–elevation MI.

Monocytes leave the bone marrow during diseases, such as infections, atherosclerosis, and MI. Monocyte release after lipopolysaccharides challenge was accompanied by elevated Mcp-1 production by mesenchymal stem cells and Cxcl12-abundant reticular cells lining bone marrow sinusoids. Conditional deletion of Mcp-1 from these cells significantly reduced monocyte egress after lipopolysaccharides challenge. In addition to mesenchymal stem cells, bone marrow endothelial cells may produce Mcp-1 after MI. Similar to monocyte release after lipopolysaccharides challenge, these cells can also produce Mcp-1, resulting in their mobilization into the blood. However, this hypothesis remains to be investigated. As mentioned above, the spleen functions as monocyte reservoir. After MI, monocyte departure from the splenic red pulp depends on angiotensin II-angiotensin 1 receptor signaling. Angiotensin II infusion in mice reproduced MI-induced motility of splenic monocytes and their release into the blood.

**Monocyte Recruitment to the Myocardium After MI**

After MI, circulating monocytes produced in the bone marrow and spleen are recruited to the infarct in 2 phases, with the first phase dominated by Ly-6C<sup>hi</sup> monocytes. Recruitment of Ly-6C<sup>hi</sup> monocytes is CCR2-dependent. Ccl2 and Ccl7, both ligands for CCR2, are expressed at high levels in infarcted myocardium. B cells in ischemic myocardium are likely the source of Ccl7 after MI. Depleting B cells resulted in improved ventricular function accompanied by reduced monocyte recruitment. In the second phase of post-MI monocyte response, Ly-6C<sup>lo</sup> monocyte recruitment depends on Cx3cr1. However, compared with the early recruitment of inflammatory monocytes, far fewer Ly6C<sup>lo</sup> monocytes are recruited to the infarct, and Ly6C<sup>hi</sup> monocytes can give rise to Ly6C<sup>lo</sup> macrophages in later healing stages. Other mononuclear chemoattractants, such as Ccl3 and Ccl4, are also highly expressed in infarcts, but their role in myocardial injury remains unstudied. In addition, ELR (tripeptide motif of glutamic acid-leucine-arginine)-containing Cxc chemokines, which are strong neutrophil chemoattractants, are present in the infarct at high levels.

**Monocyte/Macrophage Functions After MI**

The 2 sequential monocyte/macrophage phases are both important for healing after acute MI. Ly-6C<sup>hi</sup> monocytes give rise to early inflammatory macrophages, and both clear damaged tissue by phagocytosis and secreting proteolytic enzymes. In the second phase, Ly-6C<sup>lo</sup> macrophages facilitate wound healing and regeneration by promoting myofibroblast accumulation, collagen deposition, and angiogenesis. Infiltrated monocytes may also interact with extracellular matrix in the damaged myocardium, leading to fibronectin release. Fibronectin stabilizes the infarct and reduces infarct rupture. Once in the infarct, monocytes differentiate into macrophages in the presence of M-CSF. Macrophages promote angiogenesis, fibroblast proliferation, and extracellular matrix deposition. Myofibroblasts, which are modified fibroblasts and α-smooth muscle actin–positive, are the major sources of collagen in the infarct. Myofibroblast differentiation is transforming growth factor-β dependent. Macrophages also play a role in organ regeneration. Though MI in adult mammals leads to scarring and diminished ventricular function, neonatal mouse hearts can regenerate after MI without scarring, but depleting cardiac macrophages impedes this repair process. A recent study showed that embryonic-derived cardiac macrophages promote angiogenesis and healing after myocardial damage. Consistent with this, salamander limb regeneration also depends on macrophages. Although inflammation is required for cellular debris removal and new tissue formation after ischemic injury, exaggerated inflammation may impede the healing process, as shown in ApoE<sup>−/−</sup> mice with coronary ligation. Accordingly, blood monocyte count after MI positively correlates with left ventricular end-diastolic volume and negatively correlates with ejection fraction in patients. Mcp-1-deficient mice have markedly less monocyte recruitment to the infarct and, consequently, significantly fewer macrophages therein. Even though Mcp-1-deficient and wild-type mice had similar infarct sizes, the Mcp-1-deficient mice had improved ventricular function, thereby indicating monocytes’ importance in myocardial healing after MI.

**Conclusions**

Monocytosis ensues during MI and is vital to eradicating pathogens in systemic or local infection. However, because exaggerated monocytosis impairs healing, as discussed
above, curbing monocyte recruitment to the infarct may improve ventricular function. In a clinical study by Han et al., patients with ST-segment-elevation MI had accelerated nonculprit coronary artery lesion atherosclerosis. Consistent with the finding in mice, patients with acute MI had higher splenic metabolic activity as determined by whole body fluorine-18 fluorodeoxyglucose positron emission tomography–computed tomography. Although the positron emission tomographic imaging agent reports glucose uptake and is not cell-type specific, the data may indicate higher hematopoietic progenitor proliferation in the spleen after MI. By blocking the β3-adrenoreceptor, we decreased HSC egress from the bone marrow and thereby reduced monocytosis after MI in ApoE−/− mice. In addition, splenic HSC proliferation depends on stem cell factor, β-adrenoreceptor, and migration, macrophage polarization may be harnessed to reduce complications of myocardial ischemia, especially heart failure.

Sources of Funding
This work was supported by National Institutes of Health (K99HL121076, R01HL096576, R01HL114477, R01HL117829, and R01NS084863).

Disclosures
None.

References
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Arterioscler Thromb Vasc Biol. 2015;35:1066-1070; originally published online March 19, 2015;
doi: 10.1161/ATVBAHA.114.304652
Arteriosclerosis, Thrombosis, and Vascular Biology is published by the American Heart Association, 7272
Greenville Avenue, Dallas, TX 75231
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Print ISSN: 1079-5642. Online ISSN: 1524-4636

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