Inhibition of Endogenous Leptin Protects Mice From Arterial and Venous Thrombosis

Stavros Konstantinides, Katrin Schäfer, Jaap G. Neels, Claudia Dellas, David J. Loskutoff

**Objective**—Human obesity is associated with an increased risk for arterial and venous thrombosis and with elevated levels of leptin in the blood. Leptin administration promotes arterial thrombosis in mice, and leptin-deficient ob/ob mice have an attenuated thrombotic response to injury. Thus, endogenous leptin may regulate arterial and venous thrombosis in vivo. Experiments were performed to test this hypothesis.

**Methods and Results**—A leptin-neutralizing antibody was administered intravenously into wild-type mice 15 minutes before carotid artery injury with ferric chloride. The antibody-treated mice demonstrated prolonged times to thrombotic occlusion and formed unstable, embolizing thrombi. Thus, inhibiting leptin converted the thrombotic phenotype of wild-type mice into one that closely resembled that of ob/ob mice. The effect of leptin inhibition on venous thrombosis and pulmonary embolism was also investigated. Injection of a mixture of collagen and epinephrine into the jugular vein induced fatal pulmonary embolism in >90% of the control wild-type mice but in <40% of their antibody-treated counterparts. Histological analysis revealed that the antibody significantly reduced the number of occlusive thrombi in the pulmonary vessels.

**Conclusions**—Inhibition of circulating leptin protects against arterial and venous thrombosis in mice and possibly in hyperleptinemic obese individuals. (*Arterioscler Thromb Vasc Biol. 2004;24:2196-2201.)*

**Key Words:** carotid arteries \[ leptin \[ thrombosis \[ pulmonary embolism \[ obesity \[ mouse models

Human obesity is associated with an increased incidence of cardiovascular disease and, in particular, with an elevated risk for arterial and venous thrombosis.\(^1\)\(^-\)\(^3\) Excess body weight and the accompanying metabolic disorders may contribute to the development of a systemic prothrombotic state by altering the balance between thrombotic and thrombolytic activity in the circulation.\(^4\) In this regard, human and murine obesity are associated with increased circulating levels of a variety of antifibrinolytic and prothrombotic factors, including plasminogen activator inhibitor-1 and tissue factor, and it is clear that these molecules may be produced by the adipocytes themselves.\(^5\)\(^-\)\(^6\) However, despite the high plasminogen activator inhibitor-1 and tissue factor levels, leptin-deficient ob/ob mice showed an attenuated, rather than enhanced, thrombotic response to arterial injury, and they exhibited a defect in platelet aggregation when compared with lean wild-type (WT) littermates.\(^7\)\(^,\)\(^8\) These and other\(^9\)\(^,\)\(^10\) observations suggest that leptin, the 167-amino acid polypeptide that is encoded by the *ob* gene and regulates food intake and body weight,\(^11\)\(^,\)\(^12\) may also modulate platelet function and thrombosis. Because the ob/ob mouse lacks functional leptin at birth, it accumulates an excess of adipose tissue at an early age, and type II diabetes and other features of the metabolic syndrome develop. In contrast to the situation in ob/ob mice, human obesity is frequently characterized by leptin resistance and elevated plasma levels of the hormone.\(^11\)\(^,\)\(^12\)

In the present study, we used the ferric chloride (FeCl\(_3\)) model of arterial injury and thrombosis\(^7\) and the collagen–epinephrine model of venous thromboembolism\(^13\) to study the effects of endogenous leptin on thrombosis in the mouse. Instead of using ob/ob mice with their complex phenotype, or of artificially raising the circulating leptin levels in mice using exogenous recombinant murine leptin,\(^7\)\(^,\)\(^8\) we administered a leptin-neutralizing antibody to lean mice to selectively but transiently block the binding of *endogenous* circulating leptin to its receptor. We demonstrate that inhibition of circulating endogenous leptin not only reduces thrombus size but also protects lean mice from experimentally induced arterial and venous thrombosis in vivo. Thus, endogenous leptin may represent a new target for treating cardiovascular disease in obesity.

**Methods**

**Animals**

WT (C57BL/6J) mice were from the breeding colony of the Scripps Research Institute, and ob/ob (C57BL/6J-Lep\(^b\)) mice were purchased from Jackson Laboratories (Bar Harbor, Me). Mice (6- to
10-week-old) were anesthetized by inhalation of methoxyflurane (Metofane; Schering-Plough, Union, NJ), and then treated as described. All animal care and experimental procedures were approved by the Animal Research Committee of the Scripps Research Institute and complied with the Guide for Care and Use of Laboratory Animals, Department of Health, Education, and Welfare.

Inhibition of Leptin Binding to Its Receptor
The ability of a polyclonal affinity-purified goat IgG developed against recombinant mouse leptin (AF-998; R&D Systems, Minneapolis, Minn) to block the binding of leptin to its receptor in vitro was determined by surface plasmon resonance technology, essentially as described.

Briefly, a bovine serum albumin-free recombinant mouse leptin receptor/FC chimera (Research Diagnostics Inc, Flanders, NJ) was immobilized onto a CM5-sensorchip, using the amine coupling kit as prescribed by the supplier (BIAcore). A control channel was activated and blocked in the absence of protein. Blocking to coated channels was corrected for binding to noncoated channels (≤5% of binding to coated channels). Murine leptin (Calbiotech) at a concentration of 100 nM was passed over the sensorchip surface either alone or after 15 minutes of preincubation at room temperature with increasing concentrations of the antibody. As a control, 1.2 µmol/L of antibody alone was passed over the sensorchip surface. The BIAevaluation (version 3.1) software was used to evaluate the resulting binding curves. The maximal leptin binding response, corrected for bulk refractive index changes and nonspecific binding, was expressed as percentage residual binding, with binding of 100 nM leptin alone set at 100%. The resulting data were plotted using GraphPad Prism software version 3.02, and the best fit was obtained using a quadratic equation model. Regeneration of the sensorchip surface was performed by incubation with 100 mmol/L H3PO4 for 2 minutes at a flow of 5 µL/min.

The effect of the antibody on the binding of leptin to its receptor in vivo was also determined. Because the circulating levels of leptin in the plasma of WT mice were close to the detection level of our assay, it was necessary to “spike” the plasma with exogenous leptin. This was accomplished by injecting 1 µg of leptin intraperitoneally into WT mice 30 minutes before the injection of a nonspecific goat IgG (Sigma, St. Louis, Mo) or the neutralizing IgG (total volume 75 µL) into the left lobe, and those vessels larger than 50 µm in diameter that contained occlusive thrombi were counted. The average number of occluded vessels per field was then calculated for each animal.

The leptin-neutralizing antibody also was performed on the paraffin-embedded lung sections as described. Platelets (and endothelial cells) were identified using a rabbit anti-human von Willebrand factor antibody (Dako, Hamburg, Germany; dilution 1:100). Fibrinogen/fibrin was detected as described using a rabbit anti-human fibrinogen antibody (Dako; dilution 1:200).

Statistical Analysis
Differences between medians were tested by the Mann–Whitney nonparametric test. In these analyses, mice that did not reach the end point (arterial occlusion after injury with FeCl3, or death from venous thromboembolism) were defined as having times to the end point that corresponded to the end of the monitoring period. For all other continuous variables, differences between mean values were tested by the Student t test. Qualitative variables were tested by Fisher exact test. All statistical tests were 2-sided, with P<0.05 indicating statistical significance.

Results
The Leptin Neutralizing Antibody Inhibits the Binding of Leptin to Its Receptor
The ability of the affinity-purified antibody to inhibit the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology. A sharp, dose-dependent decrease in the interaction between leptin and the leptin receptor was initially determined under in vitro conditions using surface plasmon resonance technology.
with FeCl₃ resulted in the complete cessation of flow (Figure 2A), indicating the formation of stable occlusive thrombi. However, when the WT mice were pretreated with the leptin-neutralizing antibody, the resulting thrombi were unstable and frequently embolized (Figure 2B). In this instance, considerable flow was still observed at the end of the recording period (Figure 2B), and the median time to complete thrombotic occlusion (Figure 3A) was significantly prolonged compared with mice pretreated with the control IgG (9.8 versus 7.4 minutes; \( P < 0.004 \)). Moreover, at the end of the experiment (25 minutes after injury), the proportion of patent vessels increased from \( \approx 7\% \) in mice pretreated with nonspecific IgG to \( > 50\% \) in mice that received the leptin-neutralizing antibody (Figure 3B; \( P < 0.05 \)).

**Effects of Leptin on Venous Thromboembolism**

The contribution of endogenous leptin to venous thromboembolism was examined using the collagen–epinephrine model. Less than 10% of WT mice pretreated with the nonspecific IgG survived after injection of the collagen–epinephrine mixture into the jugular vein (Figure 4A). However, \( > 60\% \) of mice survived if they had been pretreated with the neutralizing antibody. Thus, intravenous administration of the leptin-neutralizing antibody before the injection of the collagen/epinephrine mixture protected WT mice from lethal venous thrombosis and pulmonary embolism. The fact that the leptin-deficient ob/ob mice were also protected (Figure 4B) emphasizes the critical role of endogenous leptin in venous thrombosis in this model.

Histochemical analysis of mouse lungs harvested 3 minutes after collagen–epinephrine injection showed the presence of occlusive thrombi in vessels from both WT and ob/ob mice (Figure 5). The pulmonary thrombi that formed in both strains were rich in platelets (Figure 5A and 5B) and fibrinogen/fibrin (Figure 5C and 5D), and there was little apparent difference in composition between them. However, quantitative analysis of sections stained with Masson trichrome stain revealed that thrombosis was significantly more pronounced in lung vessels from WT mice versus those from ob/ob mice (Figure 5E). For example, occlusive thrombi were detected in \( 12.7 \pm 1.0 \) pulmonary vessels (\( > 50 \mu m \) in diameter) per field in the WT mice compared with \( 8.6 \pm 1.1 \) vessels per field in the ob/ob mice (\( P = 0.007 \)). Although not shown, the number of occlusive thrombi was also significantly decreased (\( P = 0.05 \)) in vessels from WT mice treated with the leptin-neutralizing IgG (7.6±2.3 pulmonary vessels...
per field; n=5) compared with their WT counterparts treated with the nonspecific IgG (11.8±3.1 vessels per field; n=5).

Discussion

The biological spectrum of the adipocyte hormone leptin is now known to extend far beyond the regulation of food intake and body weight. In particular, accumulating evidence suggests that leptin may represent a novel direct link between obesity and cardiovascular disease. For example, leptin exerts pleiotropic effects on homeostasis of the vessel wall by increasing blood pressure, and possibly by modulating the function of endothelial cells, macrophages, and vascular smooth muscle cells. Recently, leptin was shown to promote vascular remodeling and neointimal growth after injury in mice, and to enhance platelet aggregation and arterial thrombosis in vivo. Leptin-deficient ob/ob mice demonstrate an attenuated thrombotic response to arterial injury compared with their lean WT counterparts, and leptin administration promotes thrombosis in this model. Importantly, the effects of leptin on thrombosis appear to be mediated by the long form of the leptin receptor because exogenous leptin does not enhance thrombosis in obese db/db mice, which lack the functional isoform of this receptor.

In the present study, we demonstrate that intravenous administration of a leptin-neutralizing antibody into WT mice before arterial injury with FeCl₃ inhibited the binding of leptin to its receptor (Figure 1) and prolonged the time to thrombotic occlusion (Figure 3A). This treatment also led to a dramatic increase in the rate of vascular patency (Figure 3B), primarily because of the formation of unstable, frequently embolizing thrombi (Figure 2). Thus, inhibition of endogenous leptin attenuated the thrombotic response of WT mice. The potential deleterious effects of reduced thrombus stability (eg, stroke, death) were not observed here or in previous long-term studies.

Apart from its association with an increased risk for arterial thrombosis, obesity may also be a risk factor for venous thromboembolism in humans. Because platelets express the long form of the leptin receptor, and because platelet activation contributes to the formation of both arterial and venous thrombi, we hypothesized that inhibition of circulating leptin in mice might also result in resistance to venous thromboembolism. To test this hypothesis, we examined the effects of the leptin-neutralizing antibodies on the occurrence of fatal pulmonary embolism induced in WT mice by injection of a mixture of collagen and epinephrine into the jugular vein. Collagen and epinephrine are well-known agonists of platelet activation. Although this model does not exactly reproduce the complex pathophysiology of venous thrombosis and pulmonary embolism in humans, it has been used successfully for studying defects in platelet activation and their effects on systemic intravascular thrombosis in vivo. As expected, injection of collagen plus epinephrine rapidly induced lethal pulmonary embolism in the majority of WT mice treated with the control (nonspecific) IgG (Figure 4A). However, if the WT mice were pretreated with the leptin-neutralizing antibody, they were partially protected from these effects. For example, 60% of the mice that received the antibody survived, compared with only 9% of those treated with nonspecific IgG. In fact, the survival curves for the antibody-treated WT mice were very similar to those obtained using the ob/ob mice (Figure 4B versus 4A). Thus, inhibition and/or lack of leptin protect mice from pulmonary embolism-related death in this model. The differences in survival in both cases were associated with differences in the extent of thrombotic vascular occlusion in the mouse lungs.
...and in accordance with these findings, the absence of aggregation and secretion in response to platelet agonists. Further-more, and in accordance with these findings, the absence of the Gas6 or CD40L genes protected mice from injury-induced thrombosis in vivo. Thus, the phenotypes of mice lacking Gas6, CD40L, and possibly thrombopoietin, resemble that of mice lacking functional leptin, whether genetically induced (ie, in ob/ob mice) or induced experimentally by infusion of neutralizing antibodies. Although these genes all seem to modify platelet function and thrombosis in the mouse, it is not yet clear whether they do so by acting on common pathways or through distinct mechanisms.

The ob/ob mouse is a powerful model for the study of human obesity. However, although ob/ob mice exhibit several metabolic abnormalities that resemble those comprising the metabolic syndrome in humans, atherosclerosis or thrombosis does not spontaneously develop. One important difference is that ob/ob mice lack functional leptin, in contrast to the hyperleptinemia encountered in the majority of obese humans. This difference may be critical because the results of the present study suggest that increased levels of leptin in the circulation of obese humans may contribute to the elevated risk for thrombotic complications associated with this condition.

In conclusion, the present study shows that transient inhibition of endogenous leptin attenuates the arterial thrombotic response to injury in lean mice and also protects lean mice from lethal venous thromboembolism. The neutralizing antibody does so without promoting obesity or type II diabetes, common features of the chronic leptin deficiency associated with ob/ob mice. These observations strengthen the hypothesis that leptin is an important regulator of arterial and venous thrombosis in vivo and suggest that these effects may depend on the binding of leptin to its receptor on platelets. Further studies are now needed to clarify the exact mechanisms and pathways by which leptin modulates platelet function and also to determine whether inhibition of the prothrombotic effects of leptin may represent a novel therapeutic strategy for reducing the cardiovascular risk associated with excess body weight in humans.

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References


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